

The Rothschild Island Swimming Championships

Guernsey Swimming Club LBG

At St Sampsons High on

24/25/26th March 2017

Conditions & Rules of Competition

1. These Championships will be conducted under the Laws of the Amateur Swimming Association and these shall prevail unless covered by the promoter's Conditions & Rules of Competition.
2. All entrants must be members of an affiliated club and amateurs defined by the ASA
3. These Championships are open to only those usually resident in the Bailiwick of Guernsey
4. This gala is licensed by the ASA under Licence number 3SE170692 for entry into Regional Competitions and County Championships and will be run under ASA laws

Please enter your correct time in the event you wish to compete

Session 1 Friday 24th March	Register no later than 4.45pm Warm Up 5:00pm - Start 6:00pm
100 Ind Medley	
400 Freestyle	
50 Butterfly	
200 Breaststroke	
Session 2 Saturday 25th March	Register no later than 9:00am Warm Up 9:15am - Start 10:00am
200 Freestyle	
100 BreastStroke	
50 BackStroke	
100 Butterfly	
Session 3 Saturday 25th March	Register no later than 5:00pm Warm Up 5:15pm - Start 6:00pm
400 Ind Medley	
50 BreastStroke	
100 Freestyle	
200 BackStroke	
Session 5 Sunday 26th March	Register no later than 8:30am Warm Up 8:45am - Start 9:30am
100 Ind Medley	
100 BackStroke	
200 Butterfly	
50 Freestyle	
Mixed age group relays	Forms submitted by clubs

Club: Barracudas / Guernsey Swimming Club / Guernsey Water Polo / Other

ALL EVENTS ARE HEAT DECLARED WINNER

Age as at 26th March 2017

Open age group only for

400 Individual Medley & 400 Freestyle

These events will be restricted to make the programme viable

Two Age Groups for

200m Butterfly & 100m Individual Medley

14yrs & under - 15yrs & over

Five age groups for all other events

9/10yrs - 11/12yrs - 13/14yrs - 15/16yrs - 17yrs+

Mixed 4 x 50 freestyle relay 2 Females & 2 Males

Age groups five age groups

swimmers may not swim up or down more than one team per club may be entered

Entry Fee £5.00 per event

CLOSING DATE

Friday 28th February 2017

Please return together with your cheque to

Guernsey Swimming Club Office for GSC

Barracudas Office for Barracudas

No of Events Entered:

Cheque £

Cheques payable to GSC -

Name of Swimmer:

Age:

Rules & Session details on reverse of this form

Date of Birth:

ASA Registration No:

Disability Classification (IPC) number