

GUERNSEY SWIMMING CLUB LBG

presents...

200m Championships

(under ASA rules)

Saturday 3rd, Monday 5th and Wednesday 7th October 2015

St Sampson's High School

Register by 5.45 pm - Warm up 6.00 pm. - Start 6.15 pm

Register by 12.45 pm - Warm up 1.00 pm. - Start 1.30 pm

Closing Date for Entries: **26th September 2015**

Age as at 31 December 2015 - Minimum Age 8

All swimmers must be members of the Guernsey Swimming Club

Name		
Age in years as at 31 December 2015		
Events	Date	Submitted time
200m Backstroke	3 rd October	
200m Freestyle	3 rd October	
200m Butterfly	5 th October	
50m Novice Fly	5 th October	
200m I.M	7 th October	
200m Breaststroke	7 th October	

Entries should be returned to the GSC club office.

NO LATE ENTRIES ACCEPTED