



July 2nd 2013

Dear Parent and Swimmers,

The final day for this term's swimming lessons at Beau Sejour will be Friday 19th July. We will resume lesson on Tuesday 3rd September.

During the summer we will be running the clubs Bay swims, (details on the club board) and we will also be holding session for senior swimmers, these will be as follows:

Starting Monday 22nd July until, and including, Friday 2nd August

Monday, Wednesday, Friday – 6.30-9am at St Sampsons

Tuesday and Thursdays 6-8pm at St Sampsons High

Then a 2 week break until :

Monday 19th August until, and including, Friday 30th August

Monday Wednesday Friday – 6.30-9am at St Sampsons High (except for Monday 26th August as it is a Bank Holiday)

Tuesday and Thursdays 6-8pm

We will revert back to normal swimming, on Monday 1st September at St Sampsons High which will include Adult lessons and Master sessions.

Swimmers please note you are not expected to attend all and every session, the sessions from 6.30-7.30 are for those who are already attending them, remember these are just to keep you swim fit, surfing, beach games, other sporting activities you would like to try out are beneficial for your development and so is relaxing down the beach with friends and late nights out with parents. Enjoy your summer holidays and come back relaxed and ready for the hard term ahead.